

Sunbeams – Homemaker Badge Week 1

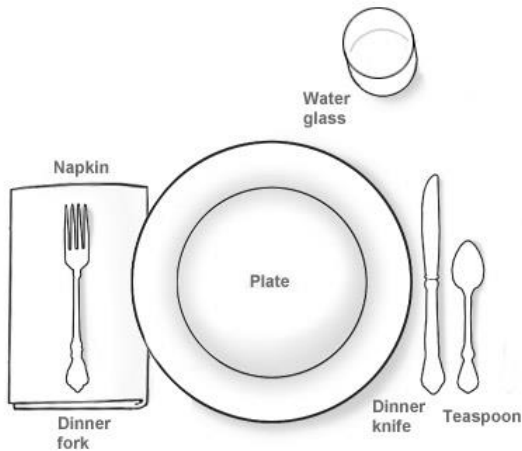
Welcome & Settling Down (5 minutes)

Activity 1 - (2 minutes)

Tell why our homes should be neat and clean.
Allow some time for response

Activity 3 – (5 minutes)

Set a table correctly for at least two people.
Provide disposable utensils, plates, cups, and napkins. Show Sunbeams how to properly set a table. Have each of them set their place.

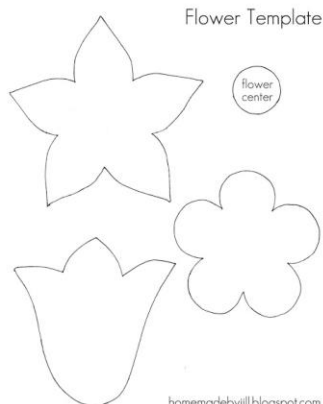


Utensils are placed one inch from the edge of the table

<http://www.hermansilver.com/setting-a-table.htm>

Activity 5 (15 minutes)

Make a decoration for your home.
Wax paper stained glass – (Separate PDF) Instead of the leaf template, we are going to use a basic flower template.



homemadebyjill.blogspot.com
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<http://homemadebyjill.blogspot.com/2009/10/flower-fruit-and-vegetable-templates.html>

Activity 6 - (10 minutes)

Design your own bedroom

Pass out pieces of paper, crayons/markers/colored pencils and have Sunbeams draw their dream room. If you have magazines on hand, have them cut out pictures and glue them onto the page.

Activity 7 - (5 minutes)

Tell three ways to save energy in your home.

Allow time for response. Some answers may include: turn off the lights when you're not in the room, turn off the water when brushing your teeth, don't leave things plugged in when not in use, turn off the TV when you're not in the room, keep the temperature at a reasonable level, etc.

Activity 9 - (5 minutes)

What is a good temperature range for your home? Show that you know how to read a home thermostat.

A good temperature range is (70-75). Take Sunbeams to wherever the thermostat is. Show them how to read it.

Activity 10

Help your leader tidy the meeting place. Do this two times.

Have students clean up their area during the next couple of weeks if they are not already doing that.

Prayer & Dismissal (5 minutes)

SUPPLIES NEEDED:

Paper

Crayons/Markers/Colored Pencils, etc.

Disposable utensils, paper plates, napkins, cups

Wax paper

Glue

Tissue paper

Flower template cut out

Copies of Homemaker Badge (pages 147-149)